

NCBTMB Practice Test Questions and Answers

1. What two components make up the autonomic nervous system?

- A) Generic and spastic
- B) Organic and energetic
- C) Empathetic and pathetic
- D) Sympathetic and parasympathetic

2. Which of these nerves has its source in the brachial plexus?

- A) Median nerve
- B) Underarm nerve
- C) On my nerve
- D) Deltoid nerve

3. Which of the following describes a closed kinetic chain exercise?

- A) Bicep curl with a dumbbell
- B) Leg extension on a machine
- C) Push-up
- D) Lateral raise with a resistance band

4. Which of these phrases does not refer to an energy-related activity?

- A) Scribing
- B) Reiki
- C) Theta healing
- D) Quantum touch

Answers: 1-D 2-A 3-C 4-A

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