

MSNCB Practice Test Questions and Answers

1. How does nutrition impact disease prevention?

- A) By reducing the need for exercise
- B) By supporting overall health and preventing chronic diseases through healthy eating
- C) By increasing the need for medications
- D) By focusing only on weight management

2. Why is health promotion essential in nursing?

- A) To reduce the number of hospital admissions
- B) To encourage healthier behaviors and prevent disease
- C) To increase healthcare costs
- D) To limit the need for patient education

3. What is the role of pharmacology in patient care?

- A) To monitor food intake during treatment
- B) To understand drug effects, side effects, and safe administration
- C) To prevent patients from taking any medications
- D) To reduce the number of medications prescribed

4. Why is postoperative care essential for recovery?

- A) To accelerate the patient's discharge from the hospital
- B) To monitor complications and support recovery after surgery
- C) To eliminate the need for pain management
- D) To reduce the number of surgical procedures performed

Answers: 1-B 2-B 3-B 4-B

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