

MACE Practice Test Questions and Answers

1. What is second impact syndrome?

- A) A rare but potentially fatal condition where a second concussion occurs before the first has fully resolved, causing rapid brain swelling
- B) Getting two concussions in a career
- C) Being hit twice in the same game
- D) A scoring term in boxing

2. What is a concussion (mild TBI)?

- A) A traumatic brain injury caused by a bump, blow, jolt, or blast that alters brain function, typically without structural damage visible on standard imaging
- B) A broken skull bone
- C) A spinal cord injury
- D) A psychological stress reaction

3. What is post-concussion syndrome (PCS)?

- A) A condition where concussion symptoms persist beyond the expected recovery period, typically longer than 3 months after injury
- B) A condition that only affects older adults
- C) An immediate reaction to concussion
- D) A psychological condition unrelated to brain injury

4. What is a primary blast injury mechanism?

- A) The direct effect of the blast overpressure wave on body tissues, particularly air-filled organs and the brain
- B) Injury from shrapnel
- C) Being thrown by the blast
- D) Burns from the explosion

Answers: 1-A 2-A 3-A 4-A

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