

CBMT Practice Test Questions and Answers

1. Client autonomy in music therapy means:

- A) The therapist decides all treatment parameters
- B) The client has the right to participate in decision-making about their own care
- C) Only clients with no cognitive impairments have rights
- D) Clients may demand any intervention they want regardless of clinical appropriateness

2. Continuum of Care in music therapy means:

- A) Playing music continuously without pausing
- B) Providing appropriate levels of music therapy services across all stages of a client's care
- C) Charging consistent rates across all settings
- D) Using only one intervention model throughout treatment

3. Resource-Oriented Music Therapy emphasizes:

- A) Diagnosing pathology through music
- B) Identifying and mobilizing client strengths and resources toward health
- C) Measuring neurological biomarkers
- D) Prescribing pharmacological interventions

4. SOAP notes stand for which of the following?

- A) Subject, Observation, Assessment, Plan
- B) Subjective, Objective, Assessment, Plan
- C) Summary, Outcome, Action, Progress
- D) Session, Observation, Analysis, Progress

Answers: 1-B 2-B 3-B 4-B

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