

CAADE Practice Test Questions and Answers

1. How does substance use affect the brain?

- A) Substance use has no effect on the brain.
- B) It alters brain chemistry and leads to dependency
- C) It improves brain function.
- D) It strengthens mental clarity.

2. What role does empathy play in counseling?

- A) Empathy is essential for building trust and providing emotional support
- B) Empathy helps in providing direct confrontation
- C) Empathy is used to manipulate clients into treatment
- D) Empathy is not important in counseling

3. What is the primary goal of crisis intervention?

- A) To identify long-term solutions immediately
- B) To stabilize the individual and address immediate needs
- C) To provide a diagnosis
- D) To implement permanent treatment plans

4. What is the first step in the intervention process?

- A) Assessing the individual's readiness for change
- B) Establishing a treatment plan
- C) Engaging in direct confrontation
- D) Conducting family therapy

Answers: 1-B 2-A 3-B 4-A

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